

ANANTAVATI
120 Tablets

REDUCE STRESS AND ENHANCE MENTAL WELL-BEING*

SUPPLEMENTS FACTS		
Serving Size 1 Tablet		
Servings per Container 120		
Amount per serving	% Daily Value (DV)	
Bacopa <i>(Bacopa Monnieri)</i>	100 mg	**
Indian Ginseng <i>(Withania Somnifera)</i>	75 mg	**
Gotu Kola (whole plant) <i>(Centella Asiatica)</i>	75 mg	**
Calamus (root) <i>(Acorus Calamus)</i>	60 mg	**
Celastrus (seed) <i>(Celastrus Paniculatus)</i>	50 mg	**
Morning Glory (root and extract) <i>(Convolvulus Pluricaulis)</i>	50 mg	**
Indian Madder (root) <i>(Rubia Cordifolia)</i>	30 mg	**
Jatamansi (rhizome) <i>(Nardostachys Jatamansi)</i>	10 mg	**
** Daily Value Not Established		

OTHER INGREDIENTS: Dicalcium Phosphate, Polyvinylpyrrolidone (PVP K-30), Hydroxypropyl methylcellulose, Titanium Dioxide, Triethyl Citrate, Ethylcellulose, Polyethylene Glycol (PEG-6000), Talcum, Maize Starch, Sodium Benzoate (E211).

PROPERTIES OF COMPONENTS:

Bacopa Monnieri whole plant has memory enhancing, anti-inflammatory, analgesic, antipyretic, sedative and anti-epileptic effects.

Withania Somnifera root and leaves extracts have produced anti-stress and adaptogenic properties, eliminating psychogenic causes of infertility. It enhances testosterone synthesis and also increases sperm concentration and motility.

Centella Asiatica whole plant has anti-stress, anti-anxiety and anti-depressant action, improves cognitive functions (random access memory), strengthens emotional control and has a neuro-protective effect.

Acorus Calamus root has anti-stress, anti-depressant, anti-convulsant, neuroprotective, anti-oxidant and cardio-protective, hypolipidemic and anti-pasmodic action. Normalizes sleep, helps to restore the nervous system in neurotic disorders.

Celastrus Paniculatus seed due to moderate inhibition of monoamine oxidase activity exhibits antidepressant activity, has anti-stress, anti-anxiety, hypolipidemic, anti-oxidant effects and improves mental abilities.

Rubia Cordifolia root exhibits anti-stress, anti-anxiety, anti-convulsant action, has neuroprotective and anti-oxidant properties.

Nardostachys Jatamansi rhizome has antidepressant, anticonvulsant, nontropic, non-neuroprotective and hydrolipidemic effects. Due to the antioxidant effect and normalization of myocardial excitation processes exhibits cardio protective and anti-arrhythmic properties. It has an anti-anxiety effect by restoring the balance of mediators of nervous system.

RECOMMENDATIONS FOR USE: Anantavati designed to promote a healthy response to stress and to help maintain a balanced mood.*

SUGGESTED USE: Adults: Take 1 tablet twice daily with water after meals during the first month and 1 tablet once a day after meals with water after the first month.
Children from 10 to 18 years: 1 Tablet once a day after meals with water.

DURATION OF USE: Adults: 1 to 3 Months.
Children from 10 to 18 years: 3 to 4 Months.

You need 1 package of ANANTAVATI for the full course.

MANUFACTURER:

ANANTA MEDICARE LIMITED

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.